



THINGS TO DO ON A FIRST SOCIAL DISTANCE DATE:

IN WARMER CLIMATES:

1. Take a walk or hike together
2. Each bring your own food and have a picnic at a beautiful spot in nature.
3. Go for a bike ride.
4. Rent one person kayaks together and go paddle on the ocean, a river or a lake (weather permitting).
5. Have coffee at an outdoor cafe or a drink at an outdoor beer garden or wine bar.
6. Sit across a table from one another outdoors and play cards or a board game wearing masks. Have hand sanitizer nearby.
7. If you have a private outdoor area, such as a backyard, play some music and dance 6' apart from one another. Or share some music or a lecture you like with each other without dancing.

If you need to meet in a park or other outdoor public space, share bluetooth ear buds (after wiping with alcohol) so you are both listening to the same thing but not disturbing anyone around you.

8. Meet in a park or backyard and do side by side art projects.

IN COLDER CLIMATES:

1. Go ice skating
2. Go snowshoeing
3. Stroll through the shopping mall wearing masks.
4. Sit near a fire or an outdoor heater and chat.
5. Make a snowperson together
6. Go Taboozing (tobogganing with a little booze! Each use your own taboggan.)
7. Watch a movie together on a laptop in the backyard under separate blankets. Sit a few feet apart facing forward. Wear masks if you feel more comfortable.



Sumati Sparks
The Open Relationship Coach

Professionals • Couples • Singles • LGBTQ-friendly • Confidential

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If you need any additional help with dating during COVID times, feel free to apply for one of my 45-minute complimentary consultations here:
SumatiSparks.com.

I will help you get through anything standing in the way of you meeting a new sweetie even during this crazy pandemic!!

Much love and good health to you,

Sumati